

# WHAT'S UP

## The Rosedale Newsletter

### April 2018

**THINKING OF YOU** Whether it is in celebratory style (birthdays and anniversaries) or maybe you've been poorly (sick or even hospitalised), perhaps there's some consolation in knowing that you're very much in our thoughts.

**WELCOME** to James Carruthers who has moved into # 409R. We can't wait to find out if he has any hidden talents we can dip into for our social events and generally get to know him and help him settle in his new home.

**GOODBYE** Estelle Castelein from #204R who has moved to Sedgefield to be with her son, Jacques, who has been appointed manager of a restaurant in Knysna. We hope that you settle in quickly in your new home, Estelle, and Jacques in his new job. We'll miss your happy and smiling face.

Easter has come and gone, but it is beholden upon me to impress on you what a precious time of the year this is in the Christian calendar. Here are a few facts around this holy event: We know that Easter never falls on the same weekend but varies each year, as it is based on the lunar calendar and the position of the moon. Easter is celebrated on the Sunday after the full moon following March 21st and this week marks the two holiest days on the Christian calendar, Good Friday (30 March) and Easter Sunday (1 April), the day that Jesus came back to life. Good Friday commemorates the crucifixion of Jesus Christ and his death at Calvary. The historical origins of the "Good" in Good Friday remain unclear, though some entomologists believe the term "good" is an archaic form of "holy." The holiday is also known as Holy Friday, Great Friday and Black Friday. The day before Good Friday is known as Maundy Thursday. The term "Maundy" is derived from the Latin word *mandatum* (commandment) and refers to the commandment given by Jesus at the Last Supper: "*A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.*" (John 13:34). The Christian scholar Bede claimed in his book *De Ratione Temporum* that Easter was named after Eostre, a pagan goddess of the Saxon people in Northern Europe. Later scholars, however, claimed that the term derives from the Anglo-Saxon word "oster," meaning "to rise," or for their term for the Spring equinox, "Eostre."

Then there are the traditions of the Easter eggs, the bunny etc. – where on earth do they fit in? Seems that in the Christian faith eggs represent a symbol of new beginnings, new life and renewed faith and the actual exchanging of eggs dates back to the time of the Egyptians and Persians, when painted eggs were given as gifts to symbolise fertility and new life. No, the Easter bunny did not come from American; in fact, it originated in Germany and taken to the States during the 1700s. And I must say, I do prefer the modern egg which is made of chocolate, the earlier ones having been made of stuffed hollow cardboard. Get a mouthful of that!

Thank you, choir leader Stephen Leibbrandt, pianist Ralph Kelly, the music team from St Peter's Church Fish Hoek, as well as the singers themselves, for the weeks and weeks of practising. Their hard work culminated in a Good Friday performance we'll remember for a long time. During the Service, led by Rev Ian Bernhardt (ret'd, from the West Coast town of Darling), Christiaan and his sister Anika van der Merwe entertained the audience with two appropriate and moving hymns, The Old Rugged Cross and The Prayer. Tim Reilly delivered the Scripture reading. Afterwards we repaired to the Recreation Room to enjoy tea/coffee and hot cross buns.



It was then I was asked, "Why do we enjoy hot cross buns around this time of the year?" and, not knowing, I turned to the reliable Wikipedia site where I read that the cake marks the end of Lent and that different parts of the hot cross bun have a certain meaning: the cross representing the crucifixion of Jesus, and the spices inside signifying those used to embalm him at his burial. The origin of these traditional buns is said to date back to the 12<sup>th</sup> century when an Anglican monk baked and marked them with a cross in honour of Good Friday. There was a time when they were reserved for eating on that day alone (hence their once being called Good Friday buns), but now of course we can buy them all year round.



*Rev Ian Bernhardt & his wife, Jean  
enjoy a cuppa before heading home*



*Anika van der Merwe and her brother,  
Christiaan, give a moving performance  
of The Prayer, made famous by  
Celine Dion & André Botticelli*

## OUTINGS – ROSEDALE

Once again we will be entertained by **The Silver Companions** (three retired music teachers on the cello, piano and viola plus Isolde the cabaret/vaudeville dancer) in the dining-room on **Thursday 26 April** 14:30-15:30 followed by tea/coffee. There is no charge, but patrons are encouraged to contribute to the honesty jar.

The **play-reading** group, led by scriptwriter Ralph Kelly, will be performing *Double Exposure* in the Wreck Room sometime in April – date still to be set but, in the meantime, they're surging ahead with their practising.

Del writes, "Due to huge hikes in coach hire fees it's been almost two years since we were able to take our residents on a coach trip. Now we have been given a fabulous donation which makes this possible." Readers, that magical lady has pulled the proverbial Easter bunny out of the hat with this one: "Our 60-seater **coach** will leave Rosedale on **Tuesday 15 May** at 09:30 sharp, destination the **West Coast**. First, we will make a short pit stop en route to Langebaan and then head off to Mykonos. From there to Langebaan Country Estate's Horizon restaurant for lunch and afterwards, if time allows, we will venture into the village for a bit of window-shopping before leaving to return home at 15:30. "The choice of meals is Bobotie and salad OR Chicken Schnitzel & chips OR Fish & chips. Anything else ordered over and above (i.e. starters, desserts, drinks) will be for your own account. "Because of this generous donation, we are able to offer this great outing for R100 a head, lunch included. Bookings are now open at the Service Centre office 021-6899771 weekdays 09:30 and 11:45 and at the same time indicate your choice of meal. Full payment by latest 1 May either in cash or by EFT – the RSC office has the banking details.

## OUTINGS – OTHER

You're very welcome to come and support our two teams take on the Reyger Court players at **carpet bowls** on **Friday 13 April** at 13:30 in the Wreck Room. Details from Danny Primo in flat # 111R or call him on 021-6866105 / 079 343 7219



**Toc H** is holding a **fun quiz** in the Wreck Room on **Saturday 14 April** at 14:30. Ralph Kelly will be testing the general knowledge of teams comprised of Rosedale residents/SAL members, visitors from Toc H and/or those loyal supporters from nearby Huis Lückoff and will be posed to all teams and not to individuals. Entry is free, but a R5,00 donation towards the tea/coffee and refreshments would be welcomed, the proceeds of which go to Toc H, a worthy cause indeed. There are prizes for both the participants and the audience. Direct your enquiries to Ralph 021-6860334 / cellphone 073 255 8235. or email him at [rkelly@mweb.co.za](mailto:rkelly@mweb.co.za)

It is appropriate to explain to those of you who don't already know what Toc H stands for: it is a world-wide Christian-based movement whose members try to testify through neighbourly action the relevance of that way of life. Established during the 1<sup>st</sup> World War, troops sought refuge in Talbot House, so called in memory of Lt Gilbert Talbot who was killed at



Do you get frustrated when your **Telkom landline** rings and by the time you reach it, the darned thing has cut off and you now have to go through the 10120 option to find out who simply had to talk to you at 21:00. Well, here's a neat procedure, courtesy of Telkom, on how to set the number of rings on your landline before a call is forwarded to your mailbox. You can choose between 1 and 60 seconds, which translates to a maximum of 20 rings. (The current standard setting is only 7 rings.)

Decide on the number of rings you want your 'phone to ring before the call is diverted to your voice mailbox: Press \*67\* (star 67 star) followed by the number of seconds followed by the # (hash) key i.e.

Press *67*	and:
for 4 rings	12#
for 6 rings	18#
for 8 rings	24#
for 10 rings	30#
for 12 rings	36#
for 14 rings	42#
for 16 rings	48#
for 18 rings	54#
for 20 rings	60#

I am regularly asked to "Keep a copy of the newsletter for me, please" or, from those who have missed getting a copy, the request is to print out a copy for them. Folks, as much as I would love to oblige, it simply is not possible. The newsletter is printed by Chris or Geraldine in the SA Legion office and at 96c a page, they don't come cheap. So, again, a reminder that there's also one on file in the RSC office and perhaps you'd be so kind as to

**Share your copy of the newsletter with a friend or tablemate  
and if you do remove the newsletter from the noticeboard in order to read it  
please put it back for the benefit of others.**

Carol Venter and Mercia Wilson bring such joy to us in the lounge on Tuesday mornings when they play melodies from years gone by, but this would not be possible without the contributions that come their way. Recently Paul Nuttall (professional name Paola Liberti whom you might remember from the January newsletter (he took and donated the six monochrome photographs that hang on the walls of the ground floor passage) – handed David a batch of CDs which have gone into Carol and Mercia's collection: the Crooners, theme songs from Broadway musicals and arias, to name but a few. We have asked David to convey our thanks to Paul for lighting and livening up our Tuesday mornings with song.



Thinking of buying an iPhone or perhaps an iPad? Then consider this:  
Did you know that Adam and Eve were the first people to not read the Apple Terms and Conditions?

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I very quietly confided to my friend that I was having an affair. She turned to me and asked,  
"Are you having outside caterers. And that, my friends, is the definition of 'OLD'.

Till next time - keep smiling



The Rosedale Service Centre Committee

The opinions expressed in this newsletter are not necessarily those of the SA Legion or Rosedale Service Centre and/or its members.  
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